

# Kentucky Behavioral Health Planning and Advisory Council

## Meeting Summary

August 19, 2021

Virtual Meeting

10:00am to 12:30pm

**Council Members:** Robin Osborne, Sharon Darnell, Steve Shannon, Valerie Mudd, Sherry Sexton, Susan Abbott, Kathryn Tillett, Sherri Estes, Mike Barry, Peggy Roark, Stephanie Hager, Emily Eldridge, Lauren Reynolds, Lynn Haney, Phyllis Millsbaugh, Steve Lyons, Jeanette Rheeder, Ron O'Hair, Becky Clark, Rebecca Seavers, Matthew Smith, Jennifer Mingo, Sandy Weaver, Tracy Gross, Bill Heffron, Betty Sue Abshire

**Staff:** Paula Brown, Missy Runyon, Deb Davidson, Amy Potts, Brittany Barber, Melissa Hopkins, Isabel Phillips, Miranda Seals, Janice Johnston, Kate Overberg, Katie Marks, Michelle Kilgore, Jason Bagley, Diana Hobbs, Jane Oliver, Christie Penn, Cheryl Bogarty, Lea Taylor, Patti Clark, Hope Beatty, Tom Beatty, Lesa Vanderpool, Beth Jordan, Maggie Schroeder, Kelly Bradshaw

**Guests:** Marcie Timmerman

Topic	Discussion	Next Steps
Call Meeting to Order	Robin Osborne, Chair, called the meeting to order at 10:04 AM and welcomed members, guests and staff. Robin extended a special welcome to new member, Jennifer Mingo.	Planning Council's homepage: <a href="http://dbhdid.ky.gov/dh/kbhpac.aspx">http://dbhdid.ky.gov/dh/kbhpac.aspx</a>
Introductions and Member Updates	<p>Members, guests and staff introduced themselves and provided the following updates:</p> <ul style="list-style-type: none"><li>• Sherry Sexton shared that she has now been a therapist for one year and is continuing her work on her Master's Degree.</li><li>• Emily Eldridge shared that families in her area (Adanta/Somerset area) are doing well despite difficulties due to COVID isolation.</li><li>• Dr. Heffron shared that the Department for Juvenile Justice has a new commissioner, Vicki Reed.</li><li>• Jeanette Rheeder shared that the Kentucky Housing Corporation still has Healthy at Home Eviction Relief funds available. These funds are available for all parts of the state except for the Lexington and Louisville areas.</li><li>• Susan Abbott shared that Kentucky Protection &amp; Advocacy continues to provide advocacy services in facilities around the state, including juvenile justice and correctional facilities.</li><li>• Ron O'Hair shared that Vocational Rehabilitation is in the process of expanding the number of IPS (Individual Placement and Support) providers across the state.</li><li>• Sherri Estes reported that Regional Prevention Centers (RPCs) are busy providing various trainings to school staff (Too Good for Drugs, Sources of Strength, and Lifelines). She shared that most RPCs have trainers for Mental Health First Aid and QPR Suicide Prevention.</li></ul>	Learn more about eviction relief funds at Kentucky Housing Corporation's <a href="#">website</a> .

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Approval of May 2021 Meeting Summary	Members reviewed the May meeting summary. Sharon Darnell made a motion to approve the minutes as written and Steve Shannon seconded. <b>Minutes approved.</b>	Approved meeting summaries are available <a href="#">online</a> .
Council Updates	<ul style="list-style-type: none"> <li>Staff shared that the Council currently has a vacancy for an individual in recovery from mental health and/or substance use disorders and a parent of a child with behavioral health challenges. Members are encouraged to share the membership application with individuals and organizations that may be interested.</li> <li>Staff requested nominations for a Membership Committee chair. Phyllis Millspaugh made a motion to approve Sharon Darnell as Membership Committee Chair. Mike Barry seconded. <b>Motion approved.</b></li> <li>The Council approved the 2022 meeting schedule.</li> </ul>	
CARA and ARPA Funds	<p>Members were provided a copy of Kentucky's application for Coronavirus Response and Relief Supplement Appropriations Act (CARA) funds and American Rescue Plan Act (ARPA) funds in advance of the meeting. Missy Runyon, Program Administrator for the Division of Behavioral Health and Kentucky's Block Grant State Planner, provided an overview of the amount of the funds, the timeline for spending them, and Kentucky's plans. Missy shared that the department must submit separate reports for these funds; they will be shared with the Council.</p> <p>Council members provided the following comments and questions:</p> <ul style="list-style-type: none"> <li>"I'm excited about the money and I hope we (Kentucky) can use it wisely."</li> <li>"Can you explain how funding allocations were made?" Missy shared that the funds must be spent in accordance with Block Grant guidelines, for example, at least 20% of the funds must be used for primary prevention and the focus of the funds must be children with serious emotional disability and adults with serious mental illness. Five percent of the funds must be spent on crisis services and 10% on early serious mental illness programming.</li> <li>"Is there a set-aside for recovery support?" Missy shared that there is currently not a set-aside for recovery support in the Block Grant, but there is a narrative section on the topic. SAMHSA has indicated they are considering a 10% set-aside for recovery support.</li> </ul>	To provide comments on Kentucky's plans, please contact Amy Potts at <a href="mailto:Amy.Potts@ky.gov">Amy.Potts@ky.gov</a> regarding CARA funds and Missy Runyon at <a href="mailto:Melissa.Runyon@ky.gov">Melissa.Runyon@ky.gov</a> regarding ARPA funds.
2022-2023 Combined Block Grant Application	Missy Runyon provided information about Kentucky's application for FY 2022-2023 Community Mental Health Services Block Grant (MHBG) and Substance Abuse Prevention and Treatment Block Grant (SABG) funds from the Substance Abuse and Mental Health Services Administration (SAMHSA). A draft of the application was shared with members prior to the meeting and is available on the department's	An archive of submitted and approved versions of the Block Grant applications and reports is available at

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	<p>home page as a Hot Topic. Members were also provided with a handout that outlines ways the public may provide comment on draft, submitted, or approved versions of Kentucky's Block Grant.</p> <p>Council members provided the following comments and questions:</p> <ul style="list-style-type: none"> <li>• "It's nice to have strong leaders in SAMHSA. Mr. Becerra was a major part of Mental Health America California affiliate improvements and Dr. Delphin-Rittmon overhauled peer support services in Connecticut."</li> <li>• "I'm pretty excited that SAMHSA leaders are movers and shakers who speak the language of our political leaders."</li> <li>• "Is the HIV and TB work for all people or only for people who use substance use disorder services?" Missy shared that the services are provided to individuals who are accessing substance use disorder services.</li> <li>• "Once a grant is reviewed, is there a group that reviews the work that was done?" Missy provided information about the Block Grant reporting process, state performance indicators, and ways the department monitors contracts.</li> <li>• "This has been a great meeting with lots of important information shared!"</li> <li>• "What are HDI funds used for?" The University of Kentucky Human Development Institute provides training, coaching, and fidelity monitoring for IPS supported employment services.</li> <li>• "All the more reason to get a Medicaid Waiver that allows for supported employment!"</li> <li>• "Only \$13.00 of every \$10,000 spent on Home and Community Based Waiver services are for adults with serious mental illness."</li> <li>• "We should be up in arms! We should advocate for more waiver services for individuals with behavioral health disorders - services similar to those available for individuals with intellectual and developmental disabilities and traumatic brain injury."</li> </ul>	<p>the department's <a href="#">website</a>.</p>
Department Updates	<p>Phyllis Millspaugh provided the following Department of Behavioral Health, Developmental and Intellectual Disabilities updates:</p> <ul style="list-style-type: none"> <li>• SAMHSA conducted a Block Grant financial audit of the department's and subrecipients' financial processes in July; they will provide a report in December. They are also conducting a site visit for prevention services in September.</li> <li>• Personnel changes include Michele Blevins' retirement in August and KOLEEN Slusher's new position as Interim Director at the Kentucky Correctional Psychiatric Center. Brittney Allen is Interim Director of the Division of Behavioral Health.</li> </ul>	
Adjournment of Meeting	<p>Valerie Mudd made a motion to adjourn the meeting at 12:22pm. Mike Barry seconded. <b>Motion approved.</b></p>	<p><u>Next Meeting:</u> Thursday, November 18, 2021 (Virtual)</p>

